



IPSWICH TOWN FC



The Official Matchday and Pro-Coaching Experience of
Tadcaster Grammar School to

PORTMAN ROAD

29-30 MARCH 2019

INFORMATION BOOKLET



1557

Tadcaster
Grammar School

- TRAVEL DETAILS

Friday 29 March 2019

0645 Meet in Bus Park at Tadcaster Grammar School
0700 Depart for Ipswich
1100 Arrive at Portman Road in Ipswich

Saturday 30 March 2019

1700 Depart Ipswich
2130 Arrive back at Tadcaster Grammar School

- CONTACT DETAILS

Accommodation

Travelodge
15 Duke Street
Ipswich
Suffolk
IP3 0AE

Tel: 0871 984 6329

Please do not telephone the hotel except in the case of an emergency. To pass on important information please contact Mrs Wilson who will contact Mr Solk.

Prior to Departure

Mr Solk at Tadcaster Grammar School	01937 833466
Mr Solk (Mobile)	0781 301 0073

During The Tour (UK)

Mrs Wilson (School)	01937 833466
Mrs Wilson (Mobile)	07855 288878

- KIT LIST

Students will travel to Ipswich in their training kit with a tracksuit over the top. Students will require casual clothes for the evening at Ipswich as well as for the football match. They will need warm clothing and a coat.

For the coaching experience they will require their outdoor blue PE kit – navy reversible, navy TGS shorts and navy TCS football socks. The practice pitch at Portman Road is a fieldturf 3G, so Astro trainers, moulded boots or trainers are required. **No blades or screw-ins are allowed.**

For the football tournament on the Saturday morning, students will be able to wear a football shirt of their choice!

Students will require toiletries for their stay and may also wish to bring a towel.

- ITINERARY

Friday 29 March 2019

0645	Meet in Bus Park at school
0700	Depart Tadcaster Grammar School
1100	Arrive at Portman Road in Ipswich
1115	Tour of Portman Road
1230	Lunch (packed)
1330	Coaching session
1530	Depart for hotel
1600	Check-in at hotel
1730	Dinner at Frankie & Benny's
1930	Cinema
2200	Return to hotel

Saturday 30 March 2019

0800	Breakfast
0930	Check out of hotel
0945	Depart for Goals Soccer Centre
1000	Football Tournament
1130	Shower and Change
1200	Free time – shopping and lunch
1330	Depart for Portman Road
1400	Meet and Greet at Portman Road
1500	Ipswich Town v Hull City
1700	Depart Ipswich
2130	Arrive back at Tadcaster Grammar School

This is the latest itinerary and is subject to change.

- LUGGAGE

Each person is allowed one piece of luggage for the hold of the coach plus one piece of hand luggage for the coach journey. However, all luggage will need to be carried from Portman Road to the hotel (ten minute walk).

- MONEY

Students will need money for breakfast, lunch and tea on the return journey. They may also require money for souvenirs, drinks etc during the visit. Money for the restaurant, cinema and tournament will be collected prior to the visit.

- CODE OF CONDUCT

The visit should be a positive, enjoyable and rewarding time. The following code of conduct is expected throughout the visit:

- No noisy and disruptive behaviour in the accommodation – we will not be the only people in the hotel.
- Rooms to be kept clean and tidy.
- Be punctual at all times.
- Follow instructions at all times.
- No drinking alcohol, smoking, taking illegal substances etc.

In circumstances when the code of conduct is broken, students may be removed from the activity and supervised at all times by a member of staff.

In circumstances when a serious breach of the code of conduct has occurred and a student(s) cannot be trusted and puts the group in danger, parents will be informed.

- FOOD

The accommodation is on a room only. Students will need to pre-order their evening meal.

- MEDICATION

If you take any medication, this must be handed to Mr Punt in the Bus Park at school. Please label it clearly with the name, purpose and how often and when it is to be taken. If you suffer from travel sickness please take your medication in sufficient time for it to be effective during any journey. During the visit, in exceptional circumstances, I will provide paracetamol to students for pain relief. **If you do not wish me to give your son paracetamol please let me know in writing before departure.**

- MOBILE PHONES & VALUABLES

If you have to bring anything of value (e.g. mobile phone, ipods etc.) please take extreme care of it. Students should not use mobile phones during specific times as instructed by the members of staff.

- ID CARDS

Students will be provided with an identification card. This will provide details of the accommodation's address and telephone number as well as the emergency contact number for the visit. **Students must carry this at all times in case of an emergency.**

- HEALTH & SAFETY

It is essential that students listen carefully to instructions. Information and instructions are given for the safety of everyone and must be adhered to at all times.

- HEAD COUNTS

Students will be allocated a head count group. This will be used frequently during the visit.

- INSURANCE

The students are covered under the school's insurance policy.

ADDITIONAL NOTES

Please use this space to note any questions during the presentation or any other useful information given.