

## Life Skills Programme

Year	September	October	Half term	November	December	Christmas	January	February	Half Term	March	Easter	April	May	June	Half Term	July
7		Teamworker and Leadership tasks			Who am I and How do I learn module - explores qualities and skills			Careers module - researching different jobs and the qualities required		Enterprise module - developing enterprising skills: decision making / problem solving etc.						
8				Discrimination module									Students explore the different range of jobs available in the UK			
9	Being a good citizen in society - giving to the community and being responsible			Future choices	SWOT analysis to prepare for making the right option choices		GCSE Option choices process									
10				Future lifestyles - students create individual ppts - research into future jobs - income and expenditure each month	Financial capability - avoiding & managing debt Workplace rights & responsibilities / Health & Safety in the workplace		Careers Guidance from Careers Advisor - one to one interviews	Careers Guidance continued						Study and revision Skills - preparing for Mocks in year 11		Introduction to 'Startprofile' Careers programme - researching jobs that match skills set from database / CV writing and action plan created
11	Startprofile continued from Yr 10 CV's and employability skills questionnaire	Presenting yourself for interview Preparing for the mocks - Revision Skills workshops		Year 11 Mocks Open days - sixth form open evenings	Individual research into post-16 options / alongside Careers interviews / on the back of Mocks and results looming etc. Open Days post -16 in local area					Revision Skills Workshops in preparation for June exams Exam technique / stress management strategies	Revision Skills Workshops in preparation for June exams Exam technique / stress management strategies	Revision Skills Workshops in preparation for June exams Exam technique / stress management strategies	GCSE Exams Drop in Support sessions			