

Autumn Term 2019 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Hot Meal	Hot Meal	Hot Meal	Hot Meal
Chicken Tikka Masala & Rice with Naan Bread	Sausages & Mash with Onion Gravy	Roast Beef & Yorkshire Puddings Roast Potatoes	Mexican Minced Pork Wrap with Vegetable Rice	Crispy Battered Fish & Chips
Tuna Catherine wheels with Potato Wedges + Mince & Mash	Beef Lasagne with Garlic Bread	Roast chicken & Stuffing with Roast Potatoes	Chicken Korma with Rice	Chilli con Carne & Rice
v Potato Leek & Spinach Bake	v Three Bean Hot Pot	v Loaded Potato Skins	v Root Vegetable Pie with Sweet Potato Mash	v Roasted Vegetable Pasta + Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Cauliflower Green Beans	Roast Parsnips Peas	Savoy Cabbage Carrots	Winter Red Coleslaw Green Beans	Sweetcorn Peas
Dessert	Dessert	Dessert	Dessert	Dessert
Sticky Date & Apple Bar with Custard	Chocolate & Mandarin Sponge With Chocolate Sauce	Coconut Flapjack	Jam Roly Poly & Custard	Fruity Gingerbread & Custard

Autumn Term 2019 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Hot Meal	Hot Meal	Hot Meal	Hot Meal
Organic Beef Meatballs in Spicy Tomato Sauce With Pasta	Paprika Chicken & Rice + Chicken Goujons	Roast Beef & Yorkshire Pudding with Roast Potatoes	Beef Stew & Dumplings with Creamed Potatoes	Crispy Battered Fish & Chips
Creamy Salmon & Broccoli Bake	Tex Mex Bake	Roast Chicken & Stuffing with Roast Potatoes	Steak Bake with Mash	Chicken & Leek Pie
v Bean & Vegetable Burrito	Roast Squash, Leek & Mushroom Cannelloni	v Cheese & Onion Quiche with Jacket Potato	v Spicy Bean & Vegetable Casserole with Creamed Potatoes	v Sweet Lentil Curry & Rice + Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Carrots Broccoli	Green Beans Sweetcorn	Braised Red Cabbage Peas	Carrots Sautéed Leeks	Peas Broccoli
Dessert	Dessert	Dessert	Dessert	Dessert
Steamed Sultanas Sponge & Custard	Forest Fruit Shortcake	Rice Pudding with Fruit	Autumn Apple Crumble & Custard	Plum Upside Down Pudding & Cream

Autumn Term 2019 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Hot Meal	Hot Meal	Hot Meal	Hot Meal
Chicken Casserole with Yorkshire Pudding + Sausage Plait	Pork Ragu with Tagliatelle + Pulled Pork Baguette	Roast Chicken & Sage & Onion Stuffing with Roast Potatoes	Bombay Potato Topped Cottage Pie	Crispy Battered Fish & Chips
Pork & Bean Pot with Mustard Mash	Minced Beef & Potato Pie with Creamed Potatoes	Roast Beef & Yorkshire Pudding with Roast Potatoes	Pasta Carbonara with Garlic Bread	Chicken korma & Rice
v Autumn Veggie Frittata with Diced Potatoes	Vegetable Curry & Rice	v Macaroni Cheese with Garlic Bread	v Cheese & Veggie Calzone with potato Wedges	Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Cauliflower Sweetcorn	Medley of Vegetables	Broccoli Carrots	Green Beans Sweetcorn	Peas Carrots
Dessert	Dessert	Dessert	Dessert	Dessert
Eve's Pudding & Custard	Date & Oat Squares & Custard	Lime & Courgette Drizzle Cake	Apple & Forest Fruit Cobbler with Custard	Iced Autumn Berry Sponge

Daily Choice

Soup

Freshly prepared each day including Vegetable, Butternut Squash, Sweetcorn & Chicken, Roasted Tomato Basil, French onion, Mushroom, Pasta & bean Minestrone, Cream of Chicken served with a selection of home-made bread rolls

Jacket Potatoes

Baked Jacket Potatoes with a selection of fillings including Cheese, Baked beans, Coleslaw, Curry Sauce

Pasta / Noodle Pots

Ideal for eating in or out of the dining room we have a selection of pasta and noodle pots

Sandwiches / Wraps

Our range of sandwiches served of white, wholemeal sliced bread, baguettes, ciabatta, bagels and tortilla wraps include fillings such as egg mayonnaise, ham and tomato, tuna and Sweetcorn, roast beef, coronation chicken, cheese, salad etc.

Salads

Each day we have a selection of salads available with low fat dressings

Fresh Fruit / Yoghurt

To complement our dessert choice we have a daily selection of fresh fruit such as apples, oranges and bananas as well as fresh fruit pots, and many flavours of jelly and yoghurt

Hot and Cold Beverages

We offer a selection of hot beverages including tea, coffee and hot chocolate along with cold drinks such as bottled water, milk and flavoured milk, fruit juice and juice/water drinks