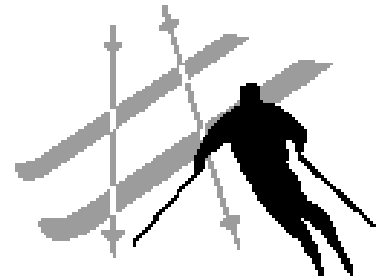


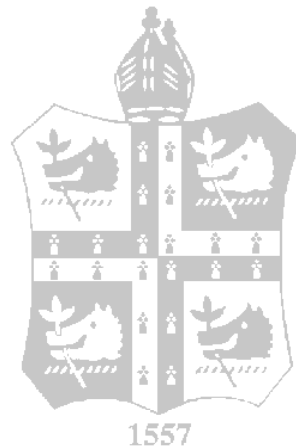
YEAR 8 SKIING



COURMAYEUR, ITALY

15-23 February 2020

INFORMATION BOOKLET



- TRAVEL DETAILS

Saturday 15 February 2020

TBC Meet in the Bus Park at Tadcaster Grammar School
TBC Dover-Calais ferry crossing

Sunday 16 February 2020

TBC Arrive in Courmayeur

Saturday 22 February 2020

19.00hrs Depart Courmayeur

Sunday 23 February 2020

TBC Calais-Dover ferry crossing

TBC Arrive in Dover

TBC Arrive back at Tadcaster Grammar School

Please remember that France/Italy is 1 hour ahead of UK time.

All times are provisional and will be confirmed nearer the departure date.

- CONTACT DETAILS

Accommodation

Hotel Valdigne
Rue Du Mont Blanc 42-46
11017 Morgex
Courmayeur

Tel : 00 39 0165 809100

Please do not telephone the hotel except in the case of an emergency. To pass on important information please contact the Emergency Contact who will contact Mr Solk.

Ski Company

Interski
Acorn Park
Commercial Gate
Mansfield
NG18 1EX
England

Tel: 01623 456333
Fax: 01623 456353

Prior to Departure

Mr Solk at Tadcaster Grammar School
Mr Solk (prior to departure)

01937 833466
0781 301 0073

Emergency Contact During The Visit (UK)

Ms Mulhern

07734 203148

- KIT LIST
Please see sheet attached. Students will need a pair of ski socks in their hand luggage. Students may wish to bring a blanket and/or pillow for the coach journey to make it more comfortable.

- LUGGAGE
Bring only one piece of luggage for the hold of the coach (e.g. large sports bag or suitcase). You may need a smaller bag/holdall for items when on the slopes. This can double up as a small piece of hand luggage for the coach. Please bear in mind that the space inside the coach is limited to overhead storage space.

- CUSTOMS
Due to the age of the group, no-one is allowed to bring any duty free (alcohol, cigarettes etc.) or dangerous items (e.g. knives, pellets etc.) through customs; neither will the students be allowed to purchase them. Therefore, please do not ask your son/daughter to purchase any of these items on your behalf! Thank you. Customs tend to focus on school groups and we do not wish to be stopped and checked and placed in an extremely embarrassing and difficult situation.

- A TYPICAL DAY

07.30hrs	Breakfast
08.30hrs	Depart hotel for slopes
08.50hrs	Arrive at cable for slopes
09.00hrs	Arrive at ski hire
09.30hrs	Ski lessons begin
11.30hrs	Lunch
12.30hrs	Afternoon skiing begins
14.30hrs	Return from slopes to ski hire
15.00hrs	Leave mountain
15.15hrs	Shopping in resort
16.15hrs	Return to hotel
18.00hrs	Dinner
19.30hrs	Après-ski activity (e.g. bowling, ice skating, swimming etc.)

- CURRENCY
The currency in Italy is the Euro. En route to the resort, there will be one stop in England as well as one on the continent. It is recommended however, that a small amount of sterling is taken should extra items wish to be bought either in England or on the ferry. Breakfast is provided at a service station in France. Again, on the return journey home similar stops will be made. Breakfast is provided on the return ferry journey. It is recommended that students take approximately £10 in sterling and 75 Euros. This is only a guideline as students may wish to buy presents/souvenirs etc.

- CODE OF CONDUCT

The ski visit should be a positive, enjoyable and rewarding experience. The following code of conduct is expected throughout the tour:

- The coach to be kept clean at all times both throughout the journey to and from Italy but also whilst in Italy.
- No noisy and disruptive behaviour in the accommodation.
- Rooms to be kept clean and tidy.
- Be punctual at all times.
- Follow instructions at all times.

- COACH FACILITIES

The coach will be equipped with a DVD, CD player, seat belts and toilet. You may bring suitable DVDs to watch (e.g. '12') or audio CDs to play. Seat belts must be worn at all times. We will be on the coach for over 50 hours during the visit – so it is essential that everyone plays their part and keeps it clean and tidy.

- FOOD

There will be one stop in England at a service station. The next chance to eat will be on the ferry, followed by a short stop on the continent before breakfast on Sunday. You may wish to bring a pack-up for the journey. The accommodation is on a full-board basis. Students are provided with a luncheon voucher whilst on the mountain.

- FERRY

The P & O France ferry from Dover to Calais is approximately 1 hr 30 mins subject to travel conditions. During this time students will have the opportunity to get something to eat, look around the shops or play on arcade games. No-one is allowed outside on deck. There will be a base during the crossing which students must return to prior to arrival, so that we can return to the coach on time.

- MEDICATION

If you take any medication, this must be handed to Miss Holmes. Please label it clearly with the name, purpose and how often and when it is to be taken. If you suffer from travel sickness please take your medication in sufficient time for it to be effective during the journey. This also applies to the return journey.

During the visit, in exceptional circumstances, I will provide paracetamol to students for pain relief. Also, if required following a fall, students may be given Ibuprofen to help with both the swelling and the pain. If you do not wish your son/daughter to have paracetamol or Ibuprofen, please let me know **in writing** before departure day.

- BANK

All money must be handed in when we arrive at our hotel. Staff will be in charge of the bank and will keep a record of your withdrawals. The bank will be open at

certain times during the day and it is the responsibility of the students to ensure that they have enough money for that particular day.

- CULTURE

Visiting a different country is an exciting and rewarding experience. Students are expected to respect and appreciate the country.

- MOBILE PHONES & VALUABLES

If you have to bring anything of value (e.g. mobile phone, music players etc.) please take extreme care of it. Students should not use mobile phones during the coach journeys. These are a distraction to the driver as well as other passengers. The cost of making and receiving calls on the continent is a lot more expensive than in the UK. Students will be able to buy phonecards to ring home.

- ID CARDS

Students will be provided with an identification card. This will provide details of the accommodation's address and telephone number as well as the emergency contact number for the visit. **Students must carry this at all times in case of an emergency.**

- PASSPORTS & EHIC

Students will require their own individual passport and an EHIC. These both must be handed in to Mr Power in the Bus Park at school before departure.

- ROOM ALLOCATION

A rooming list will be available in late January. Once I receive that, students will be given the opportunity to say whom they would like to room with. Clearly, I will do my best to allocate your first choice but sometimes this is not possible and a second choice may be allocated.

- HEALTH & SAFETY

It is essential that students listen carefully to instructions. Information and instructions are given for the safety of everyone and must be adhered to at all times.

- INSURANCE

The students are covered under an insurance policy provided by Interski. Details are available on request.

- CONTACT WHILST ON TOUR

I shall remind students to contact parents upon our arrival and they will get chances during the stay to contact home. Students will telephone from a service station nearer Tadcaster to give a more accurate time of our arrival on the Sunday.

- FURTHER INFORMATION

Please visit the Interski website that has additional information which you may find useful. www.interski.co.uk. Also, any additional information will be available on the school's website: <https://tgs.starmat.uk/parents/school-visits/courmayeur/>

ADDITIONAL NOTES

Please use this space to note any questions during the presentation or any other useful information given.