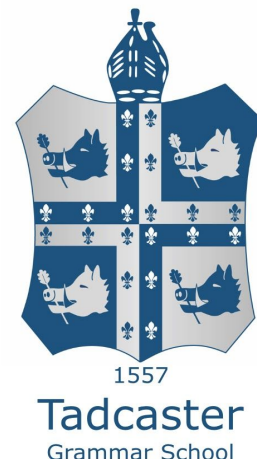


Be Your Best Self

3rd September 2020



Dear Parents, Carers and Students,

As we return to the new school year I would like to remind you of the importance of us all being **allergy aware**. In particular, all students, staff and visitors should not bring any nut-based products into school at any time (this includes school buses). You may already be aware that a food allergy is when the body's immune system reacts unusually to specific foods. Although allergic reactions are often mild, they can be serious and can result in life threatening reactions.

In the recent letter dated 25th August ([HERE](#)) I mentioned that we are a **Nut Aware** school. This [LINK](#) gives more information. As a nut aware school our students and staff make every effort to ensure the safety of those who have allergies and specifically those students who have environmental or contact reactions to any form of nuts or nut-based products.

When purchasing food products, all labels in England highlight the allergens in **bold type** and/or include a nut allergen warning on the packaging. This makes identification at point of purchase easier:



As we return to this school year and with a foreseeable increase in homemade lunches being brought into school, can I please ask you not to use nuts or nut-based products of any kind for snacks or as ingredients. If you have any questions or concerns please contact Mr Betts (p.betts@tgs.starmat.uk).

My regards,

Mr A Parkinson
Headteacher



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