

## Life Skills Programme

| Year | September   | October  | Half term | November  | December   | Christmas | January   | February   | Half Term | March  | Easter   | April  | May  | June   | Half Term | July   |
|------|---|--|-----------|---|--|-----------|---|--|-----------|--|--|--|--|--|-----------|--|
| 7    |   | Teamworker and Leadership tasks  |           |   | Who am I and How do I learn module - explores qualities and skills   |           |   | Careers module - researching different jobs and the qualities required |           | Enterprise module - developing enterprising skills: decision making / problem solving etc.               |  |  |  |  |           |  |
| 8    |   |  |           | Discrimination module   |  |           |   |  |           |  |  |  | Students explore the different range of jobs available in the UK   |  |           |  |
| 9    | Being a good citizen in society - giving to the community and being responsible |  |           | Future choices  | SWOT analysis to prepare for making the right option choices   |           | GCSE Option choices process                                   |  |           |  |  |  |  |  |           |  |
| 10   |   |  |           | Future lifestyles - students create individual ppts - research into future jobs - income and expenditure each month | Financial capability - avoiding & managing debt<br>Workplace rights & responsibilities / Health & Safety in the workplace                                |           | Careers Guidance from Careers Advisor - one to one interviews | Careers Guidance continued   |           |  |  |  |  | Study and revision Skills - preparing for Mocks in year 11 |           | Introduction to 'Startprofile' Careers programme - researching jobs that match skills set from database / CV writing and action plan created |
| 11   | Startprofile continued from Yr 10 CV's and employability skills questionnaire   | Presenting yourself for interview<br>Preparing for the mocks - Revision Skills workshops |           | Year 11 Mocks<br>Open days - sixth form open evenings   | Individual research into post-16 options / alongside Careers interviews / on the back of Mocks and results looming etc. Open Days post -16 in local area |           |   |  |           | Revision Skills Workshops in preparation for June exams<br>Exam technique / stress management strategies | Revision Skills Workshops in preparation for June exams<br>Exam technique / stress management strategies | Revision Skills Workshops in preparation for June exams<br>Exam technique / stress management strategies | Revision Skills Workshops in preparation for June exams<br>Exam technique / stress management strategies | GCSE Exams<br>Drop in Support sessions                     |           |  |