

## Food and Nutrition/Textiles

|                                 | Year 7   | Year 8   | Year 9   |
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| A<br>u<br>t<br>u<br>m<br>n<br>1 | <p><b>Food and Nutrition -</b></p> <p><u>'Give me 5'</u> project.</p> <p>Students are introduced to the key principles of food safety and hygiene and nutrition, along with fortnightly practical lessons aimed at developing core skills in food preparation and cooking.</p> | <p><b>Food and Nutrition -</b></p> <p><u>'Food Around the World'</u> project.</p> <p>Students will learn to create a range of dishes with a multicultural theme. Theory work looks at cultural, social and environmental factors that affect food choices. The project ties in with SMSC themes studied in other curriculum areas such as RPE and Geography.</p> | <p><b>Food and Nutrition -</b></p> <p><u>'Food and Nutrition'</u> project.</p> <p>Students will study elements of food science, such as functions of ingredients along with building on their understanding of nutrition from year 7 and 8. Practical work will build on students' repertoire of recipes as well as introducing some more high-level skills.</p> |
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| S<br>p<br>r<br>i<br>n<br>g<br>2 | <p><b>Textiles -</b></p> <p><b>Project 1:</b> Drawstring pencil case.</p> <p>This project introduces students to health and safety within Textiles lessons and use of the sewing machines.</p>   | <p><b>Textiles -</b></p> <p><u>'Iconic Tote Bag'</u> project.</p> <p>In this project, students will create a tote bag decorated with a piece of textile artwork featuring a photo of someone that inspires them along with a range of embroidery stitches they will be taught in lessons.</p>  | <p><b>Textiles -</b></p> <p><u>'Cushion Cover'</u> project.</p> <p>Students will create a cushion cover which features a decorative panel they have produced using a variety of surface decoration techniques and attached to their cushion cover using machine applique..</p>   |
| S<br>u<br>m<br>m<br>e           | <p><b>Project 2:</b> <u>'Pugly dolls'</u> project.</p> <p>This is a design and make project allowing students creative freedom to design a soft toy and make it using techniques and stitches they learn in lessons.</p>   |  |  |

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