## **Food and Nutrition / Textiles**

	Year 7	Year 8	Year 9
	Food and Nutrition	Food and Nutrition	Food and Nutrition
Autumn 1, Autumn 2, Spring 1	'Give me 5' project	'Food Around the World' project	'Food and Nutrition' project
	Students are introduced to the key principles of food safety and hygiene and nutrition, along with fortnightly practical lessons aimed at developing core skills in food preparation and cooking.	Students will learn to create a range of dishes with a multicultural theme. Theory work looks at cultural, social and environmental factors that affect food choices.  The project ties in with SMSC themes studied in other curriculum areas such as RPE and Geography.	Students will study elements of food science, such as functions of ingredients along with building on their understanding of nutrition from Years 7 and 8.  Practical work will build on students' repertoire of recipes as well as introducing some more high-level skills.
	Textiles	Textiles	
S	Project 1: Drawstring pencil case	Project 1: 'Iconic Tote Bag' project	
Spring 2, Summer 1, Summer 2	This project introduces students to health and safety within Textiles lessons and use of the sewing machines.	In this project, students will create a tote bag decorated with a piece of textile artwork featuring a photo of someone that inspires them, along with	
	Project 2: 'Pugly dolls' project	a range of embroidery stitches they will be taught in lessons.	
	This is a design and make project allowing students creative freedom to design a soft toy and make it, using techniques and stitches they learn in lessons.		

