

Food and Nutrition / Textiles

	Year 7	Year 8	Year 9
Autumn 1, Autumn 2	<p>Food and Nutrition</p> <p><i>'Let's Cook!' project</i></p> <p>Students are introduced to the key principles of food safety and hygiene and nutrition, along with fortnightly practical lessons aimed at developing core skills in food preparation and cooking.</p>	<p>Food and Nutrition</p> <p><i>'Food Around the World' project</i></p> <p>Students will learn to create a range of dishes with a multicultural theme. Theory work looks at cultural, social and environmental factors that affect food choices.</p> <p>The project ties in with SMSC themes studied in other curriculum areas such as RPE and Geography.</p>	<p>Food and Nutrition</p> <p><i>'Food and Nutrition' project</i></p> <p>Students will study elements of food science, such as functions of ingredients along with building on their understanding of nutrition from Years 7 and 8.</p> <p>Practical work will build on students' repertoire of recipes as well as introducing some more high-level skills.</p>
Spring 1, Spring 2	<p>Food and Nutrition</p> <p><i>'Keep Cooking!' project</i></p> <p>Students continue to develop their understanding of the key principles of food safety and hygiene and nutrition, along with fortnightly practical lessons aimed at developing core skills in food preparation and cooking.</p>	<p>Food and Nutrition</p> <p><i>'Do you know?' project</i></p> <p>This project will focus on some of the key ingredients used in food and nutrition lessons and develop students' understanding of food provenance and food processing.</p>	<p><i>'Restart/Reset' project</i></p> <p>Students will look at topics relating to common New Year's resolutions, completing theory and practical work linked to this.</p> <p>Topics covered include cooking on a budget, 'Veganuary', reducing sugar intake and reducing environmental impact of food choices.</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer 1, Summer 2</p>	<p>Textiles</p> <p>'Pugly dolls' project</p> <p>This is a design and make project allowing students creative freedom to design a soft toy and make it, using techniques and stitches they learn in lessons.</p>	<p>Textiles</p> <p>'Iconic Tote Bag' project</p> <p>In this project, students will create a tote bag decorated with a piece of textile artwork featuring a photo of someone that inspires them, along with a range of embroidery stitches they will be taught in lessons.</p>	<p><i>'Picnic Time!' project</i></p> <p>Students will focus on preparation of practical outcomes that would be suitable for a picnic, with a focus on making dishes which are nutritionally balanced.</p> <p>Topics covered include key food safety temperatures, food choices and food provenance.</p>
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