## Top tips for Year 7 students to prepare for starting TGS:

Make sure you get in a good sleep routine a couple of weeks before you join us so Tadcaster Grammar School you are prepared for the school day. Tadcaster Grammar School Set an alarm each morning. Be prepared - always check your timetable and pack your bag the night before Tadcaster Grammar School so you don't have to rush around in the morning. Check your equipment and uniform lists on the website with parents/ carers. Tadcaster Grammar School Always bring a reading book to school/ try to read for at least 20 minutes a day. Practice the journey to and from school e.g. walking to the bus stop etc.. and Tadcaster Grammar School agree a time you should arrive home. Always ask staff if you are unsure of anything, your tutor will be able to answer Tadcaster Grammar School any questions or concerns you may have: Practice getting ready for school - wearing a tie might be new for many of you. Tadcaster Grammar School Make sure you have a space at home to store your school items, a box is a good

idea to keep your school books and equipment in, so they are all in one area.